

September 2019

WHITE UNIFORM	FULL/SUMMER UNIFORM			ATA T-SHIRT DAYS		
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 WEEK # 2 BB Palm Heel Segment # 2 Weapon SSJB R/B ?BLK – GumDo Blk Ch Prot Combat Sparring	2 CLOSED for LABOR DAY	3 This week we celebrate each of the age groups of our programs. Don't miss your groups special day during your class. C. L. I. P. Teens	4 This week we celebrate each of the age groups of our programs. Don't miss your groups special day during your class. Bring your buddies to this class this week.	5 KARATE for KIDS DAY ATA TIGER DAY	6 KARATE for KIDS DAY ATA TIGER DAY	7 MC Forms
8 OPEN HOUSE Class @ 12:00 SB 3:00 EB	9 WEEK # 3 BB Side Segment # 3 Weapon SJB R/B –GumDo Blk Ch Prot Sparring	10 This week we celebrate each of the age groups of our programs. Don't miss your groups special day during your class. Bring your buddies to this class this week. KARATE for KIDS DAY ATA TIGER DAY	11 This week we celebrate each of the age groups of our programs. Don't miss your groups special day during your class. Bring your buddies to this class this week.	12 KARATE for KIDS DAY ATA TIGER DAY	13 TWO DAY CAMP SIGN UP ONLINE by Sept 16th and Save \$10 OFF TWO DAY CAMPS! Use SAVE10 http://member-site.net/?EV--PXwwP	14 MC Boards
15 MC Sparring	16 WEEK # 4 BB Elbow 1st Half Form Weapon SSJB R/B –GumDo Blk Ch Prot Combat Sparring	17	18	19	20	21 CLOSED for the 2nd Regional Tournament of the Season 2019-2020 IPlay America
22 Classes in SOUTH Brunswick ONLY Today! MC Boards East Brunswick Day	23 WEEK # 5 BB WOOD 2nd Half Form Weapon SSJB R/B –GumDo Blk Ch Prot Sparring	24	25	26	27	28 MC Sparring
29 WEEK # 6 BB Elbow Full FORM Weapon SSJB R/B/BLK –GumDo Blk Ch Prot Combat Sparring MC Weapons	30 TWO DAY CAMP SIGN UP ONLINE ! http://member-site.net/?EV--PXwwP Rosh Hashanah	Oct. 1	Take advantage of the camps to help with child care as well as more practice to pre- pare for graduation/testing. The camps will help with any make up information that you may need.			

SEPT. 2019 NEWSLETTER for PARENTS and STUDENTS

WELCOME BACK ATA...We missed you!

To celebrate your return please join us for Special Recognition Days

ONE and TWO DAY CAMPS available based on your needs.
SIGN UP before Sept. 16th to receive \$10 Discount on TWO DAY CAMP
TWO DAY CAMP 9/30-10/1 or ONE DAY CAMPS 9/30, 10/1, and 10/8

Sept. 2 Labor Day...CLOSED

Sept. 3 South Brunswick Location **C. L. I. P.** Introducing a TEEN community service monthly event. All Teens with Parent's approval may attend our self-esteem/self-defense class. We will be finishing our class with SMORES. Please RSVP to tkdlifeii@aol.com

C.L.I.P. We **C**are, We **L**isten, You are **I**mportant, You are **P**riceless

Sept. 4 East Brunswick Location **C. L. I. P.** Introducing a TEEN community service monthly event. All Teens with Parent's approval may attend our self-esteem/self-defense class. We will be finishing our class with SMORES. Please RSVP to tkdlifeii@aol.com

C.L.I.P. We **C**are, We **L**isten, You are **I**mportant, You are **P**riceless

Sept. 4/6/9/11 East Brunswick ATA TIGER DAYS...Join us during your class for Special Event. Bring your buddies as we celebrate...Hope everyone can make it.

Sept. 5/6/10/12 South Brunswick ATA TIGER DAYS...Join us during your class for Special Event. Bring your buddies as we celebrate...Hope everyone can make it.

Sept. 8: OPEN HOUSE in both locations.

12:00 pm Join us in South Brunswick...ALL RANKS and ALL AGES for a SPECIAL WORKOUT CLASS

3:00 pm Join us in East Brunswick...ALL RANKS and ALL AGES for a SPECIAL WORKOUT CLASS

Sept. 9 Our **NEW** schedule for SEPT-JUNE begins today. Sundays are added to the schedule for the school year.

Sept. 16th Last Day for DISCOUNT ... SIGN UP for TWO DAY Camp (9/30-10/01) and receive \$10 off

TOURNAMENT SPECIAL: Between SEPT 9 and Sept. 20th get extra help for those students signed up for the Sept. 21st tournament.

We encourage everyone to try a Tournament Event. These events are what defines our martial arts as a sport. You don't practice in any other sport and never compete in the game. I am very proud of my students. I love to see them succeed. Tournaments encourage practice, Tournaments build excitement and confidence. Proven success with Discipline through Tournament participation. Tournaments create friendships and comradery that will last a lifetime. Sportsmanship is also a part of our core values.

Sept. 21 **CLOSED** at Both Locations for 2nd ATA Regional Tournament at IPlay America Your support ensures we will be able to host a future tournament. We need your help.

Sept 22: East Brunswick Days ... Join us in South Brunswick for regular classes. We will be at East Brunswick Day for the afternoon 12-5:00 pm so we will NOT have East Brunswick afternoon classes.

NOTE: Rain Date...Sun., Oct. 6th. If EB Days are postponed due to weather we will NOT have East Brunswick classes on Sun., Oct. 6th.

Sept. 30/Oct. 1st: TWO DAY- DAY CAMP Sign Up Online @ <http://member-site.net/?EV--PXwwP> (Rosh Hashanah). We are OPEN for classes in the evenings.

Oct. 8th: ONE DAY CAMP Sign up online @ <http://member-site.net/?EV--PXwwP> We are OPEN for classes in the evenings.